

INCLUSION FOR ALL

LEARN. ENGAGE. INCLUDE.

Learning Objective: To become aware of individual difference.



INTERNATIONAL PARALYMPIC COMMITTEE

ACTIVITY 1

INTRODUCTION

The purpose of this unit is to introduce students to the United Nations (UN) and the Convention on the Rights of Persons with Disabilities (the UN Convention).

MATERIALS:



Projector, presentation screen,
PowerPoint presentation:
'Inclusion for all'.



INSTRUCTIONS:

Use the PowerPoint presentation **'Inclusion for all'** to introduce or recap the UN Convention. This explains:

- the role of the United Nations in protecting and promoting human rights
- the UN Convention on the Rights of Persons with Disabilities
- the rights of people with a disability to take part in sports and leisure activities.

Confirm students' understanding of the term 'people with disabilities' in the context of the UN Convention. Information about this can be found in the Teacher's notes.

In small groups, students take responsibility for researching and understanding the following UN Convention principles:

- respect for difference and acceptance of people with disabilities as part of human diversity and humanity
- social equality between people with disabilities and those without disabilities.

They share their findings with the class or audience advocating on behalf of people with disabilities in favour of the principle.



ACTIVITY 2

MATERIALS:



Projector, presentation screen,
PowerPoint presentation: '**Inclusion for all**' and relevant materials to complete Activity 2.



INSTRUCTIONS:

Students take an active role in a volunteering/ community project to demonstrate inclusion, the Paralympic values and principles of the UN Convention in action, and champion the cause of people with a disability in their community.

Project ideas:

- Offer play, sport and games activities for younger children with a disability at their school.
- Combine **Theme 2, Unit 5 - Let's experience Para athletics** with this one and welcome people with a disability to school/college to play sports, make music or work together on projects and tasks. How about involving them in a class performance?
- Visit local sports venues and help those with a disability at a training session or during a competitive event. Measure, time-keep, record scores or offer individual support to a Para athlete.
- Volunteer regularly at a local organisation for people with a disability.
- Advocate in your community on behalf of people with a disability.

- Act as a buddy for a person with a disability and introduce them to new activities and friends.
- Suggest (and design) ideas to enable people with a disability to access local facilities.
- Select your own relevant projects that enable students without a disability to work alongside those with a disability.

At the conclusion of the volunteering/community project students produce a report, photographic display or short video that summarises their experiences. They explain any change in attitude towards people with a disability and the value of such joint-working to people with a disability, themselves and wider society.



EXTENSION ACTIVITY

Engage the community in events that introduce them to the vision and values of the Paralympic Movement.

OPTIONAL INDEPENDENT RESEARCH

The UN Convention requires countries to raise awareness and increase respect towards people with disabilities. Use any medium to champion the cause of people with a disability in your country.

DISCUSSION QUESTIONS

- **"It's not what's missing, it's what's there"** (Dominic Larocque, Team Canada, Para ice hockey). How do you perceive people with a disability?
- Has your attitude to people with a disability changed because of your understanding of the Paralympic Movement?

EVALUATION QUIZ

Complete the evaluation quiz individually, in pairs or small groups.

