

Theme 2: Para sports

Unit 5: Let's experience Para athletics

Independent, pair or team evaluation quiz

No	Question	Answer
1	What events did Para athletes compete in during the first Paralympic Games?	Field events for wheelchair users.
2	Name two track events that are contested at Paralympic Games.	Two of the following: Sprint race, middle-distance race, long-distance race, relay race.
3	Name two field events that are contested at Paralympic Games.	Two of the following: High jump, long jump, triple jump, discus, shot put, javelin.
4	What is the name given to someone who assists a runner with a vision impairment?	Guide-runner.
5	Name three other sports contested by athletes with vision impairment at Paralympic Summer Games.	Accept all suitable answers: Para athletics, cycling, 5-a-side football, goalball, swimming, rowing, judo, sailing, equestrian.
6	At the finish of an event, when accompanied by a guide-runner, who must cross the line first? A. Both must cross the line at the same time. B. The athlete must cross the line first. C. The guide-runner must cross the line first	B. The athlete must cross the line first.
7	Does the guide-runner have to cross the line for the performance of the runner to be recognised?	Yes, both runner and guide-runner must complete the race.
8	Can guide-runners provide verbal instructions to their runner?	Yes.
9	What is a tether made from?	A non-stretch material.